



GODDESS Frequency

30 DAYS OF GODDESS AFFIRMATIONS

*Awaken Your Inner Goddess
One Day at a Time*

- Day 1 I am awakening to the wisdom, power, and beauty that already exists within me.
- Day 2 I trust myself and honour the guidance of my intuition.
- Day 3 I release the need for external validation and choose self-approval.
- Day 4 I am worthy of love, respect, abundance, and happiness.
- Day 5 I allow myself to be seen, heard, and valued.
- Day 6 My voice matters, and I express myself with confidence and grace.
- Day 7 I release old versions of myself and welcome new possibilities.
- Day 8 I trust that everything unfolding in my life is supporting my growth.
- Day 9 I choose thoughts that nourish my mind and uplift my spirit.
- Day 10 I honour my boundaries and protect my energy with love.
- Day 11 I am deeply connected to my inner wisdom and divine guidance.
- Day 12 I embrace my feminine power and wear it with confidence.
- Day 13 I am safe to soften, receive, and trust the flow of life.
- Day 14 I celebrate my uniqueness and the gifts I bring to the world.
- Day 15 I release self-doubt and step into my authentic power.

- Day 16 I am creating a life that reflects my highest values and desires.
- Day 17 I choose self-love in every thought, word, and action.
- Day 18 I trust the timing of my journey and remain open to miracles.
- Day 19 I radiate confidence, compassion, and inner peace.
- Day 20 I am grateful for all that I have and excited for all that is coming.
- Day 21 I allow myself to heal, grow, and transform with grace.
- Day 22 I am magnetic when I live in alignment with my truth.
- Day 23 I release fear and embrace courage, faith, and possibility.
- Day 24 I honour my body as a sacred vessel for my soul.
- Day 25 I attract healthy relationships that reflect my self-worth.
- Day 26 I am becoming the woman I was always destined to be.
- Day 27 I trust my intuition even when the path ahead is not fully clear.
- Day 28 I embody love, wisdom, strength, and feminine grace.
- Day 29 I rise above old limitations and step into my next chapter.
- Day 30 I am a Goddess remembering her truth, embodying her power, and creating a beautiful life.